Performance-based hot mix asphalt and flexible pavement design – the European Perspective

Bernhard Hofko¹, Ronald Blab²

¹TU WIEN, Institute of Transportation, Research Center of Road Engineering, Gusshausstraße 28/230-3, 1040 Wien, Austria, Bernhard.hofko@tuwien.ac.at
²TU WIEN, Institute of Transportation

ABSTRACT: Prediction and optimization of in-service performance of road pavements during their live time is one of the main objectives of pavement research these days. For flexible pavements the key performance characteristics are fatigue and low-temperature, as well as permanent deformation behavior at elevated temperatures. The problem facing pavement designers is the need to fully characterize the complex thermo-rheological properties of hot mix asphalt (HMA) over a wide temperature range on the one hand, while on the other also providing a realistic simulation of the traffic- and climate-induced stresses to which pavements are exposed over their design lives of 20 to 30 years. Where heavily trafficked roads are concerned, there is therefore an urgent need for more comprehensive test methods combined with better numerical forecast procedures to improve the economics and extend the service lives of flexible pavements under repair and maintenance programs.

This paper therefore focuses on performance-based test methods on the basis of existing European standards that address effective mechanical characteristics of bituminous materials and which may be introduced into national requirements within the framework of European HMA specifications. These test methods comprise low temperature tests, i.e. the tensile stress restrained specimen test (TSRST) or the uniaxial tensile strength test (UTST), stiffness and fatigue tests, i.e. the four point bending beam test (4PBB) or the uniaxial tension compression test (DTC), as well as methods to determine permanent deformation behavior by means of dynamic triaxial cyclic compression tests (TCCT).

These tests are used for the performance-based mix design and subsequently implemented in numerical pavement models for a reliable prediction of in-service performance, which, in combination with performance-based tests, enables a simulation of load-induced stresses and mechanogenic effects on the road structure.
and thus improved forecasts of the in-service performance of flexible pavements over their entire service lives.

INTRODUCTION

For the optimization of flexible road pavements recent research efforts have been focused both on the setup and implementation of performance-based test methods for hot mix asphalt (HMA) as well as on their implementation in valid performance prediction models. While performance-related or empirical tests count for material characteristics that have been found to correlate with fundamental engineering properties that predict performance (e.g. wheel-tracking properties, Marshall properties), performance-based tests describe fundamental engineering properties predicting performance, and appearing in primary performance prediction relationships.

By January 2007 new harmonized European Standards (EN) for the design and testing of road asphalt materials were introduced in all CEN member countries within the European Union. Generally these EN standards distinguish, on the one hand, between the empirical mix design approach and, on the other hand, the fundamental, performance-based approach, which is comparably new. Although both approaches aim in realizing well-performing, structurally optimized pavements, an important advantage of the performance-based approach is the fact that it is based on the laboratory assessment of physically sound material parameters.

These key performance parameters of HMA include (i) complex material stiffness, (ii) fatigue resistance under repeated load cycles (iii) resistance to cracking at low temperatures and (iv) resistance to rutting due to thermal deformation. These material parameters can be used for specifying the mix properties within an advanced type testing procedure required to meet customized quality standards for materials defined in tender documents as well as for mix design (Blab & Eberhardsteiner 2009).

In the European HMA test standard series EN 12697-xx key performance HMA properties are address by different performance tests as summarized in Table 1.

To identify the rutting behavior at elevated temperatures cyclic axial load tests with or without confining pressures (TCCT Triaxial Cyclic Compression Test or UCCT uniaxial Cyclic Compression Test) are specified. The low temperature behavior is tested by means of the so-called Tensile Stress Restrained Specimen Test (TSRST) and a Uniaxial Tensile Strength Test (UTST). For characterizing the stiffness and fatigue of asphalt mixtures different tests are described in the European standards, including bending tests (e.g. two point 2PBBT or four point 4PBBT) and direct and indirect tensile tests, but without favoring a particular type of testing device. Further the European HMA specification EN 13108-1 offers different categories for these performance-based HMA properties, which may be introduced as so called fundamental HMA requirements into the national specifications.

Such performance-based HMA specifications, however, require more complex and expensive mix design and type testing procedures. But in combination with these European performance-based HMA specifications mechanistic models allow a more reliable prediction of in-service performance of HMA pavement structures. The
objectives of these advanced pavement design models are to enable the simulation of thermo- and load-induced stresses and mechanogenic effects and thus improved forecasts of the in-service performance of flexible and semi rigid pavements.

Following the key performance-based test methods and their possible implementation in mechanistic pavement design models as well as enhanced mix design procedures are discussed in more detail.

### Table 1. Main Characteristics (Mean Values) of Binders

<table>
<thead>
<tr>
<th>asphalt course</th>
<th>stiffness</th>
<th>material fatigue</th>
<th>low temperature performance</th>
<th>permanent deformation</th>
</tr>
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<td>Surface</td>
<td>x</td>
<td>(x)</td>
<td>x</td>
<td>x</td>
</tr>
<tr>
<td>Binder</td>
<td>x</td>
<td>(x)</td>
<td>x</td>
<td>x</td>
</tr>
<tr>
<td>Base</td>
<td>x</td>
<td>x</td>
<td>(x)</td>
<td>(x)</td>
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<table>
<thead>
<tr>
<th>test procedure</th>
<th>2-Point-Bending test with trapezoidal specimen (2PB-TR)</th>
<th>4-Point-Bending test (4PB)</th>
<th>Temperature Stress Restrained Specimen Test (TSRST)</th>
<th>Triaxial cyclic compression test (TCCT)</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>2-Point-Bending test with prismatic specimen (2PB-PR)</td>
<td>3-Point-Bending test (3PB)</td>
<td>Uniaxial tension stress test (UTST)</td>
<td>Uniaxial cyclic compression test (UCCT)</td>
</tr>
<tr>
<td></td>
<td>4-Point-Bending test (4PB)</td>
<td></td>
<td>Uniaxial Cyclic tension stress test (UCTST)</td>
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<td>Cyclic indirect tensile test (CIDT)</td>
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<td>Direct tension-compression test (DCT)</td>
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<table>
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<tr>
<th>EN standards</th>
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<th>EN 12697-24</th>
<th>EN 12697-46</th>
<th>EN 12697-25</th>
</tr>
</thead>
<tbody>
<tr>
<td>x…performance characteristic mandatory, (x)…additional performance characteristic</td>
<td></td>
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</tbody>
</table>

### LOW TEMPERATURE BEHAVIOR

#### Background

Traditional studies on pavement performance and modeling have generally concentrated on classical fatigue cracking that consider failure to initiate at the bottom of the bituminous base course induced by a large number of “small” repeated traffic-loading (Blab & Eberhardsteiner 2009, Wistuba et al. 2006). But this simple approach does not always fit the reality, because two different mayor types of crack damage occur in flexible pavements: cracks that start at the bottom of the bituminous base course and grow upwards, generally named fatigue cracks, and surface cracks that are initiated on top of the pavement. There are always combined effects of critical thermal and load stresses that lead to distress. Thermal stresses are induced by a series of temperature fluctuations within the pavement structure and play a dominant role in the phenomenon of fatigue cracking, and further by a single event, when temperature drops within a very short time. Thermal induced stresses in
combination with traffic loading may exceed the critical tensile strength and lead to surface-initiated top-down cracking along the wheel paths.

In the field of low-temperature and fatigue behavior the research activities have been focused on the development of appropriate test methods, to better understand and to identify the fracture mechanisms by means of laboratory experimentation and to further assess the risk of temperature and fatigue cracking for different bituminous materials, which are exposed to stress and temperature.

**Test Methods**

Low-temperature cracking of flexible pavements results from thermal-shrinkage during cooling, inducing tensile stress in the asphalt. In order to simulate the situation in flexible pavement layers the following test methods on asphalt specimens according to the European Standard EN 12697-46 are employed:

- **Tensile Stress Restrained Specimen Test (TSRST):** while the deformation of the specimen is restrained, the temperature is reduced by a pre-specified cooling rate;
- **Uniaxial Tensile Strength Test (UTST):** in order to assess the risk of low-temperature cracking, the stress induced by thermal shrinkage is compared with the respective tensile strength;

The target parameters, which are found by TSRST, are the fracture temperature \( T_{\text{crack}} \) and the corresponding fracture stress \( \sigma_{\text{crack}} \). An illustration of the test procedure of the TSRST is given in Figure 1.

![Figure 1. TSRST: experimental setup and illustration of result (Blab & Eberhardsteiner 2009)](image)

The UTST is an isothermal process at specified temperatures (e.g. +10, +5, -5, -15 and -25°C). After stress-free cooling of the asphalt to the testing temperature, the UTST is performed by applying a constant strain rate (1 mm/min) until the specimen fractures.

Combining the results of TSRST and UTST the tensile strength reserve \( \Delta \beta \) is found, a “traditional” target parameter for low-temperature cracking (Figure 2).
STIFFNESS AND FATIGUE BEHAVIOR

Background
Stiffness and fatigue testing, where a repeated stress is applied on a test specimen, has been a major topic in pavement engineering since decades. Latest research is known from the Association of European Laboratories RILEM and the US Strategic Highway Research Program (SHRP), where a sophisticated layout of different test methods for asphalt concrete design and testing has been developed and which has started a broad discussion on new ways to further optimize fatigue testing procedures and interpretation of test results. Presently two European Standard EN 12697-24 (fatigue) and EN 12697-26 (stiffness) specifies the methods for characterizing the stiffness and fatigue of asphalt mixtures by different tests, including bending tests and direct and indirect tensile tests, but without favoring a particular type of testing device (Di Benedetto et al. 2001, Hofko et al. 2012). However, a single test method for type testing will be imposed on European level in the next future.

Test Methods
All different types of EN test methods are used to derive basically two material characteristics: the material’s stiffness, expressed by the variation of the complex asphalt modulus \( E^*(T) \) over time, and the long-term fatigue behavior, expressed by the number of permissible load repetitions \( N_{\text{perm}} \).

The initial stiffness modulus \( E^*(T) \) of the unloaded material can be determined on the basis of specimen geometry and load impulse and simultaneous measurement of the resulting strains by strain sensors. The stiffness is calculated from the quotient of the applied maximum stress and the resulting maximum strain, which is time-shifted by the corresponding phase displacement angle \( \phi \) as a result of the viscoelastic material behavior of asphalt (Figure 3).

Traditional fatigue criterion of asphalt concrete is linked to the number of load-cycles giving half the initial stiffness. The comparison of modulus and the number of load repetitions is plotted as so-called “Wöhler” curve. The Wöhler curve gives
important information for the derivation of fundamental relationships between mix composition and stiffness properties and serves as input for material and pavement structure optimization.

Figure 3. Stiffness modulus ($E^*$) and phase angle ($\phi$) (Blab & Eberhardsteiner 2009)

From the EN test methods following two methods were selected to perform stiffness and fatigue tests on asphalt mixtures:

- the four-point bending-beam-test (4PBBT) (Figure 4a) and
- the direct tension-compression test (DTCT). (Figure 4b).

Figure 4. 4PBBT & DTCT equipment used for stiffness and fatigue testing (Blab & Eberhardsteiner 2009)

Figure 5 shows typical results of stiffness measurements on a stone mastic asphalt SMA 11 used for wearing courses that were performed at different temperatures and loading frequencies. Results are the master curve of the complex stiffness modulus $E^*$ at reference temperature of e.g. 15°C (Figure 5a), and the frequency independent representation of the loss modulus $E''$ and the conservation modulus $E'$ in a so-called Cole-Cole diagram (Figure 5b). Consequently, these test results describing the temperature and frequency dependent material response of asphalt can be used to
compute thermal and load induce stresses and strains in the asphalt layers by means of a numerical pavement model.

Figure 5. Stiffness master curve of SMA 11 derived form a 4PBBT

For the prediction of the fatigue damage long term tests under repeated dynamic loading are performed. Such tests can be carried out under stress or strain controlled conditions providing typical fatigue curves as given for example in Figure 6 for hot mix asphalt (HMA) AC 22 at 30 Hz and 20 °C. From such curves the permissible load repetitions ($N_{\text{perm}}$) are obtained to describe the theoretical life time within an analytically based pavement design method on the basis of fatigue laws.

In the respective EN standard fatigue tests at three different strain levels at 20°C and 30 Hz have to be carried out. Consequently, the allowable strain $\varepsilon_6$ at $10^6$ permissible load repetitions is calculated from the semi-logarithmic regression curve as characteristic fatigue parameter of the tested HMA according to Figure 7. In the given example the parameter for the tested AC 22 used for base course layers is $\varepsilon_6 = 145 \, \mu$m/m.

Figure 6. Phases of AC 22 fatigue curve from a strain controlled 4PBBT (acc. to: Di Benedetto et al. 2001).
PERMANENT DEFORMATION BEHAVIOR

Background
Currently one of the main challenging topics in flexible pavement research is the fundamental description of the performance behavior of bituminous mixtures at elevated temperatures. For a better understanding of the permanent deformation behavior tests that realistically simulate in-situ stress conditions and traffic loads are necessary. Permanent deformation can be related to the material characteristics of HMA at hot temperatures in combination with deviatoric stresses and strains under load application. Therefore pavement surface and binder course are most susceptible to permanent deformation. Dynamic or repeated axial load tests with or without confining pressures (unconfined or confined), where these triaxial stress conditions are simulated are considered as most reliable test methods to characteristics the resistance to permanent deformations of bituminous mixtures (Hofko & Blab 2014).

Test Methods
The triaxial cyclic compression test TCCT was implemented into the series of harmonized European Standards for testing of HMA to assess the resistance to permanent deformation at high temperatures (rutting). The standard test procedure consists of a cyclic dynamic axial loading $\sigma_A(t)$ to simulate a tire passing a pavement structure and a radial confining pressure $\sigma_c$ to consider the confinement of the material within the pavement structure. The axial loading $\sigma_A(t)$ can either be shaped as a sinusoidal function (Figure 8a) or a block-impulse (Figure 8b).

The standard states that the confining pressure $\sigma_C$ can either be held constant or oscillate dynamically without providing more specific information. However, The TCCT recommended for performance testing is loaded by a sinusoidal axial at a constant confinement loading, respectively.
Figure 9 shows a triaxial testing cell used for permanent deformation tests on HMA. A servo-hydraulic regulated and programmable machine with two independent servo-channels is necessary to drive the axial loads and the other one for confining pressure. It is possible to run both static tests, i.e. creep tests, and dynamic tests even with dynamic, oscillating confining pressure.

The axial strain \( \varepsilon_N = \varepsilon_{ax}(n) \) is determined for the complete test and drawn in a load-cycle-strain diagram with linear scale for both axes. The resulting creep curve shows two characteristic phases: a primary non-linear and a secondary creep phase with a quasi-constant incline of the creep curve. The creep rate \( f_c \) in micrometer per meter per load cycle (\( \mu m/m/n \)) can now be determined as incline of the linear approximation function that is fitted to the quasi-linear part of the creep curve. Figure 10 gives an example for the creep rate \( f_c \) calculated for a HMA type used for surface course layers AC 11 with two different binders, one a straight-run bitumen and the other a modified binder.
HOT MIX ASPHALT REQUIREMENTS

One the basis of these performance based European testing standards different national HMA specifications have been implemented as so called fundamental requirements. Such requirements are no longer recipe orientated that address only volumetric properties (e.g., the air voids ($V_a$) in the total mix, the voids in the mineral aggregate (VMA), and the voids filled with asphalt (VFA)) of the HMA mixture in terms of measured aggregate and empirical mixture properties but demand performance parameters based on the new European test methods.

Usually different performance parameters are required in dependence on the HMA layer type (base or binder course, wearing course) and the mix design level that is commonly related to the traffic loading class of the pavement.

An example for the performance requirements determined in the Austrian national HMA standard (FSV, 2013) for HMA used in surface, binder courses and base courses are given in Table 2, Table 3 and Table 4, respectively.

<table>
<thead>
<tr>
<th>parameter/performance level</th>
<th>R1</th>
<th>R2</th>
<th>R3</th>
<th>R4</th>
<th>R5</th>
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<tbody>
<tr>
<td>fracture temperature ($T_{crack}$) in °C</td>
<td>$T_c \leq -30$</td>
<td>$T_c \leq -25$</td>
<td>$T_c \leq -30$</td>
<td>$T_c \leq -25$</td>
<td>$T_c \leq -20$</td>
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<td>$\varepsilon_6$-NR (no requirements)</td>
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<tr>
<td>maximum creep rate $f_{max}$ in $\mu$m/m/n</td>
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<td>$f_{max} \leq 0,4$</td>
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</tr>
</tbody>
</table>

Figure 10. Creep curves for HMA type AC 11 surface with two different of binders
Table 3. Performance based requirements for HMA binder layer types AC 16 binder, AC 22 binder, AC 32 binder (FSV, 2013)

<table>
<thead>
<tr>
<th>parameter/performance level</th>
<th>V1</th>
<th>V2</th>
<th>V3</th>
<th>V4</th>
</tr>
</thead>
<tbody>
<tr>
<td>fracture temperature ($T_{crack}$) in °C</td>
<td>$T_c \leq -25$</td>
<td>$T_c \leq -20$</td>
<td>$T_c \leq -25$</td>
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<td>fatigue resistance $\epsilon_6$ (Mikrostrain)</td>
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<tr>
<td>stiffness $S_{mix}$ in MPa</td>
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<td>declare $S_{max}$-value</td>
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</tr>
<tr>
<td>maximum creep rate $f_{cmax}$ in μm/m/n</td>
<td>$f_{cmax} \leq 0,2$</td>
<td></td>
<td></td>
<td>$f_{cmax} \leq 0,4$</td>
</tr>
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</table>

Table 4. Performance based requirements for HMA base layer types AC 16 base, AC 22 base, AC 32 base (FSV, 2013)

<table>
<thead>
<tr>
<th>parameter/performance level</th>
<th>E1</th>
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<th>E3</th>
<th>E4</th>
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<tbody>
<tr>
<td>fracture temperature ($T_{crack}$) in °C</td>
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<tr>
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<td>maximum creep rate $f_{cmax}$ in μm/m/n</td>
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<td></td>
<td></td>
<td>$f_{cmax} \leq 0,4$</td>
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CONCLUSIONS

Road constructions today should last longer and endure high traffic loads under challenging climatic conditions. Moreover, traffic densities, axle loads and tire pressures will continue to increase during the next years and decades. To guarantee a long life cycle of flexible and semi rigid pavement structures the optimization of pavement materials in general and bituminous mixtures in particular is getting more and more important in order to avoid damages and subsequently minimize costs for road construction and maintenance.

Therefore prediction of in-service performance of road pavements during their live time is one of the main challenges of pavement research these days. For flexible pavements the key performance characteristics are fatigue and low-temperature, as well as permanent deformation behavior at elevated temperatures. Enhanced test methods, so called performance based tests, to address these key characteristics are implemented in the latest European standards. So called fundamental requirements for HMA may be specified by the road authorities. These performance tests are used on the one hand to significantly improve the mix design process of bituminous mixtures. On the other hand they provide material input parameters for numerical models that are employed to more reliably predict in-service performance of specific flexible pavement structures.
In combination with enhanced binder tests the implementation of performance-based HMA specifications are the future way to create an innovative road engineering environment in a common Europe.

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