Synthesis of human steroid metabolites of interest in doping analysis

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In doping control analysis, the urine samples of athletes are tested for the presence of phase I/II metabolites. To elucidate metabolites' structural identities the synthesis of the most probable stereoisomers is carried out, which are then compared with the real metabolites from an excretion study. Since 2006 a number of steroidal long-term metabolites with a common rearranged D-ring fragment were reported, some of these highly metabolized compounds bear several new stereocenters.

The metabolic transformations leading to these novel D-ring fragments are depicted in the scheme below, as is the biomimetic key step in our synthesis: a Wagner-Meerwein rearrangement. Metabolites (4) originating from 5 different anabolic agents (1) were synthesized from commercially available 2 and their identity secured.¹ In the later stages of the project Phase II metabolites (glucuronides) were targeted as well.²



Scheme 1: Biosynthesis and key step

^[1] N. Kratena, V. S. Enev, G. Gmeiner, P. Gärtner, *Monatsh. Chem.*, 2019, 150, 843.

^[2] N. Kratena, S. M. Pilz, M. Weil, G. Gmeiner, V. S. Enev, P. Gärtner, Org. Biomol. Chem., 2018, 16, 2508.